FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * ROSENZWEIG ISRAEL	2. Issuer ONE LIBERTY PROPERTIES INC	Ticker or Trading Symbol [OLP]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
(Last) (First) (Middle) 60 CUTTER MILL RD STE 303	3. Date of Earliest Transaction (Month/Day/Y 08/01/2023		Director Officer (give title below) Senior Vice President	10% Owner Other (specify below)				
(Street) <u>GREAT NECK, NEW YORK 11021</u> (City) (State) (Zip)	4. If Amendment, Date Original Filed (Month 08/07/2023		 6. Individual or Joint/Group Filing (Will be automatically set) Form filed by One Reporting Person Form filed by More than One Reporting Person 					
	Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.							

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)	(Month/ Day/ Year)	2A. Deemed Execution Date, if any (Month/ Day/ Year)			4. Securities Acquired (Instr. 3, 4 and 5)	(A) or Disposed of (D)		Securities Beneficially	Form: Direct	7. Nature of Indirect Beneficial Ownership
			Code	V	Amount	(A) or (D)	Price	Owned Following Reported Transaction(s) (Instr. 3 and 4)	(D) or Indirect (I) (Instr. 4)	(Instr. 4)
Common Stock	08/01/2023		J ⁽¹⁾		1,753	D	\$0	25,269.558 (2) (3)	Ι	As trustee

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security	2. Conversion	3. Transaction	3A. Deemed	4. Transaction	Code	5. Numbe	er of	6. Date Exercisable	and Expiration Date	7. Titl	e and Amount of Underlying	8. Price of	9. Number of	10.	11. Nature of
(Instr. 3)	or Exercise	Date (Month/Day/	Execution Date, if	(Instr. 8)		Derivative		(Month/ Day/ Year)		Securities		Derivative	Derivative	Ownership	Indirect
	Price of	Year)	any (Month/Day/			Securities				(Instr. 3 and 4)		Security	Securities	Form of	Beneficial
	Derivative		Year)			Acquired	(A) or					(Instr. 5)	Beneficially	Derivative	Ownership
	Security				Disposed of (D)							Owned	Security:	(Instr. 4)	
						(Instr. 3, 4, and 5)							Following	Direct (D)	
				G 1	N		Б	D (D) 11	E C E C	70°-1			Reported	or Indirect	
				Code	v	A	D	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s)	(I)	
													(Instr. 4)	(Instr. 4)	

Explanation of Responses:

- The trust which owned such shares distributed same for no consideration. 1.
- Reporting person disclaims any beneficial interest in these shares. 2.
- 3. Includes shares obtained through issuer's dividend reinvestment plan.

Remarks:

/s/ Israel Rosenzweig 10/02/2023 **Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed.

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